Management/ Leadership Skills

administered analyzed appointed approved assigned attained authorized chaired considered consolidated contracted controlled converted coordinated decided delegated developed

directed eliminated emphasized enforced enhanced established executed generated handled headed hired hosted improved incorporated increased initiated inspected instituted led managed merged motivated organized originated overhauled oversaw planned presided prioritized produced

reviewed scheduled streamlined strengthened

recommended

reorganized

replaced

restored

supervised terminated

Communication/ **People Skills** 

addressed advertised arbitrated arranged articulated authored clarified collaborated communicated composed condensed conferred consulted contacted conveyed convinced corresponded debated defined described developed directed discussed drafted edited elicited enlisted explained expressed formulated furnished

incorporated influenced interacted interpreted interviewed involved joined judged lectured listened marketed mediated moderated negotiated observed

outlined

participated

persuaded

presented

promoted

proposed publicized reconciled recruited referred reinforced reported resolved responded solicited specified spoke suggested summarized synthesized translated

Research Skills

wrote

analyzed clarified collected compared

conducted critiqued detected determined diagnosed evaluated examined experimented explored

extracted formulated gathered identified inspected interpreted interviewed invented investigated located measured organized

searched solved summarized surveyed systematized tested

researched

**Technical Skills** 

adapted assembled built calculated

computed conserved constructed converted debugged designed determined developed engineered fabricated fortified installed maintained operated overhauled printed programmed rectified regulated remodeled repaired replaced restored solved

**Teaching Skills** 

specialized

studied

utilized

upgraded

standardized

adapted advised clarified coached communicated conducted coordinated critiqued developed enabled encouraged evaluated explained facilitated focused guided individualized informed instilled instructed motivated

persuaded

set goals

simulated

stimulated

taught tested trained transmitted tutored

#### Financial/ Data Skills

administered adjusted allocated analyzed appraised assessed audited balanced calculated computed conserved corrected determined developed estimated forecasted managed marketed measured planned programmed projected reconciled reduced researched

creative skills acted adapted began combined conceptualized condensed created customized designed

retrieved

developed directed displayed drew entertained established fashioned formulated founded illustrated initiated instituted integrated introduced invented modeled modified originated performed photographed planned revised revitalized shaped solved

#### Helping skills

adapted advocated aided answered arranged assessed assisted cared for clarified coached collaborated contributed cooperated counseled demonstrated diagnosed educated encouraged

ensured expedited facilitated familiarize furthered guided helped insured intervened motivated provided referred rehabilitated presented resolved simplified supplied supported volunteered

#### Organization/ Detail Skills

approved arranged cataloged categorized charted classified coded collected compiled corresponded distributed executed filed generated implemented incorporated inspected logged maintained monitored obtained operated ordered

organized prepared processed provided purchased recorded registered reserved responded reviewed routed scheduled screened set up submitted supplied standardized systematized updated validated verified

#### More verbs for Accomplishments

achieved completed expanded exceeded improved pioneered reduced (losses) resolved (issues) restored spearheaded succeeded surpassed transformed

won

Analytical	& Financial		Communica	tion		Crea	tive	Res	earch
Administered	Invested	Abstracted	Enlisted	Perceived	Translated	Acted	Revitalized	Accumulated	Formulated
Adjusted	Isolated	Acted	Explained	Performed	Visualized	Adapted	Shaped	Acquired	Found
Allocated	Maintained	Addressed	Expressed	Persuaded	Wrote	Combined	Simplified	Administered	Gathered
Analyzed	Managed	Advertised	Facilitated	Planned		Composed	Solved	Amplified	Generated
Appraised	Marketed	Arbitrated	Fashioned	Presented		Conceived	Suggested	Analyzed	Identified
Assessed	Measured	Arranged	Formulated	Produced		Conceptualized	Transformed	Applied	Inspected
Audited	Netted	Articulated	Furnished	Projected		Condensed		Articulated	Integrated
Balanced	Observed	Assessed	Generated	Promoted		Created		Assessed	Interpreted
Billed	Planned	Authored	Helped	Proofread		Customized		Audited	Interviewed
Bought	Prepared	Briefed	Imagined	Proposed		Designed		Augmented	Invented
Budgeted	Programmed	Built	Incorporated	Publicized		Developed		Balanced	Investigated
Calculated	Projected	Clarified	Influenced	Published		Directed		Calculated	Located
Checked	Purchased	Collaborated	Initiated	Read		Discovered		Charted	Measured
Compared	Quadrupled	Communicated	Innovated	Realized		Displayed		Clarified	Observed
Computed	Qualified	Composed	Integrated	Reasoned		Drew		Collected	Obtained
Conciliated	Reasoned	Conceptualized	Interacted	Reconciled		Enhanced		Compared	Organized
Conserved	Reconciled	Condensed	Interpreted	Rectified		Entertained		Compiled	Perceived
Corrected	Reduced	Conducted	Interviewed	Recruited		Established		Composed	Pinpointed
Cut	Reported	Conferred	Introduced	Referred		Fashioned		Concentrated	Planned
Decreased	Reshaped	Constructed	Invented	Reinforced		Formulated		Conducted	Prepared
Detailed	Researched	Consulted	Invited	Remodeled		Founded		Constructed	Processed
Determined	Retailed	Contacted	Involved	Reported		Illustrated		Consulted	Proofread
Developed	Retrieved	Conveyed	Joined	Represented		Initiated		Critiqued	Read
Disbursed	Saved	Convinced	Judged	Resolved		Innovated		Decided	Reported
Dispensed	Secured	Corresponded	Launched	Responded		Instituted		Detected	Researched
Distinguished	Sold	Created	Lectured	Revitalized		Integrated		Determined	Reviewed
Distributed	Solicited	Critiqued	Led	Scheduled		Introduced		Diagnosed	Riveted
Doubled	Sorted	Debated	Listened	Screened		Invented		Discovered	Screened
Downsized	Sourced	Defined	Marketed	Shaped		Made		Documented	Searched
Economized	Specified	Demonstrated	Mediated	Sold		Modeled		Drafted	Solved
Eliminated	Supplemented	Designed	Memorized	Solicited		Modified		Edited	Studied
Estimated	Systematized	Developed	Merged	Specified		Originated		Evaluated	Summarized
Exceeded	Tabulated	Developed sensitivity	Moderated	Spoke		Performed		Examined	Surveyed
Factored	Tested	Directed	Modernized	Stimulated		Photographed		Exhibited	Synthesized
Financed	Tripled	Discriminated	Motivated	Suggested		Planned		Experimented	Systematized
Forecasted	Underwrote	Discussed	Negotiated	Summarized		Proposed		Explored	Tested
Funded	Upgraded	Drafted	Observed	Synthesized		Redesigned		Extracted	Verified
Gained	Upsized	Edited	Obtained	Taught		Remodeled		Extrapolated	Wrote
Generated		Elicited	Outlined	Trained		Restructured		Focused	
Increased		Enabled	Participated	Transcribed		Revised		Forecast	

	Leadershi	p & Management		Organizatona	al/Planning	Sales & Po	ersuasion	Detail	Results
Administered	Ensured	Negotiated	Specified	Approved	Updated	Arbitrated	Realized	Approved	Accomplished
Advised	Evaluated	Operated	Sponsored	Arranged	Validated	Catalogued	Recruited	Arranged	Achieved
Analyzed	Examined	Orchestrated	Streamlined	Catalogued	Verified	Centralized	Reduced	Classified	Acted
Appointed	Executed	Ordered	Strengthened	Categorized		Consulted	Reported	Collated	Advanced
Approved	Explained	Organized	Supervised	Charted		Dissuaded	Researched	Collected	Assumed res.
Archived	Generated	Originated	Taught	Classified		Documented	Resolved	Compared	Attained
Arranged	Governed	Overhauled	Terminated	Coded		Educated	Restored	Compiled	Awarded
Assigned	Guided	Oversaw	Trained	Collected		Established	Reviewed	Dispatched	Closed
Attained	Handled	Performed	Validated	Compiled		Expedited	Routed	Enforced	Collabor. w/
Authorized	Hired	Pioneered		Corrected		Familiarized	Saved	Executed	Completed
Catalogued	Hosted	Planned		Corresponded		Identified	Served	Facilitated	Contributed
Chaired	Implemented	Prepared		Distributed		Implemented	Set goals	Followed thru	Decreased
Classified	Improved	Presided		Executed		Improved	Sold	Implemented	Delivered
Collated	Incorporated	Prioritized		Filed		Increased	Solved	Inspected	Demonstrated
Collected	Increased	Processed		Generated		Influenced	Stimulated	Judged	Discussed
Compiled	Influenced	Produced		Incorporated		Inspired	Summarized	Met deadlines	Earned
Considered	Initiated	Promoted		Inspected		Installed	Surveyed	Operated	Eliminated
Consolidated	Inspected	Provided		Logged		Integrated	Translated	Organized	Enlarged
Contracted	Inspired	Purchased		Maintained		Interpreted		Processed	Expanded
Controlled	Installed	Recommended		Monitored		Investigated		Purchased	Expedited
Converted	Instigated	Recorded		Obtained		Judged		Recorded	Improved
Coordinated	Instituted	Recruited		Operated		Launched		Responded	Increased
Counseled	Instructed	Redirected		Ordered		Lectured		Retained	Met deadlines
Cultivated	Integrated	Referred		Organized		Led		Retrieved	Obtained
Decided	Inventoried	Regulated		Prepared		Liaised		Systematized	Participated in
Delegated	Judged	Reorganized		Processed		Maintained		Tabulated	Produced
Developed	Launched	Replaced		Provided		Marketed		Validated	Recognized
Designated	Led	Represented		Purchased		Mediated			Reduced
Determined	Lectured	Responded		Recorded		Moderated			Resolved
Diagnosed	Listened	Restored		Registered		Negotiated			Restored
Directed	Lobbied	Retrieved		Reserved		Obtained			Solidified
Disproved	Logged	Reviewed		Responded		Ordered			Streamlined
Disseminated	Maintained	Routed		Reviewed		Performed			Strengthened
Documented	Managed	Scheduled		Routed		Planned			Transformed
Eliminated	Mentored	Screened		Scheduled		Processed			Won
Emphasized	Merged	Secured		Screened		Produced			
Encouraged	Moderated	Selected		Submitted		Promoted			
Enforced	Monitored	Served as		Supplied		Proposed			
Enhanced	Motivated	Served on		Standardized		Publicized			
Established	Navigated	Set-up		Systematized		Purchased			

A al a sata al	Technologi		A a au caire ta al	Training 8		Otabilinad
Adapted	Forecasted	Specialized	Acquainted	Developed		Stabilized
Analyzed	Formed	Standardized	Adapted	Diagnosed	Invented	Stimulated
Applied	Fortified	Streamlined	Adjusted	Directed	Lectured	Streamlined
Assembled	Generated	Studied	Adopted	Dispensed	Led	Summarized
Automated	Improved	Supplemented	Advanced	Distributed	Liaised	Supplied
Broadened	Increased	Surveyed	Advised	Educated	Listened	Supported
Built	Inspected	Systematized	Advocated	Effected	Mentored	Taught
Calculated	Installed	Tested	Aided	Empowered	Ministered	Trained
Charted	Instituted	Trained	Answered	Enabled	Motivated	Translated
Classified	Integrated	Upgraded	Apprised	Enacted	Negotiated	
Coded	Interfaced	Utilized	Approached	Encouraged	Nourished	Tutored
Communicated	Launched	Validated	Arbitrated	Enlarged	Nurtured	Unified
Compiled	Lectured	Verified	Arranged	Enlightened	Obliged	Valued
Computed	Maintained		Assessed	Ensured	Originated	
Conceived	Manufactured		Assisted	Evaluated	Persuaded	
Conducted	Marketed		Attended	Expanded	Presented	
Configured	Mastered		Augmented	Expedited	Prevented	
Conserved	Modified		Backed	Explained	Promoted	
Constructed	Molded		Balanced	Facilitated	Provided	
Converted	Operated		Boosted	Familiarized	Reassured	
Coordinated	Overhauled		Briefed	Fomented	Reclaimed	
Created	Packaged		Built	Formulated	Rectified	
Debugged	Pioneered		Certified	Fostered	Redeemed	
Designed	Prepared		Charted	Furthered	Reeducated	d
Detected	Printed		Clarified	Generated	Referred	
Determined	Processed		Coached	Grouped	Reformed	
Developed	Produced		Collaborated	Guided	Rehabilitate	ed
Devised	Programmed		Communicated		Related	
Diagnosed	Published		Conducted	Helped	Rendered	
Drafted	Reconstructed		Consulted	Implemented	Repaired	
Edited	Rectified		Contributed	Influenced	Represente	ed
Educated	Reduced		Cooperated	Informed	Resolved	
Eliminated	Regulated		Coordinated	Initiated	Responded	
Engineered	Remodeled		Counseled	Innovated	Revolutionia	zed
Evaluated	Repaired		Critiqued	Installed	Served	
Excelled	Replaced		Decided	Instilled	Serviced	
Expanded	Researched		Delegated	Instituted	Set goals	
Expedited	Restored		Delivered	Instructed	Settled	
Fabricated	Revamped		Demonstrated	Insured	Simplified	
Facilitated	Solved		Designed	Integrated	Spoke	

#### YOU LED A PROJECT

If you were in charge of a project or initiative from start to finish:

- 1. Chaired
- 2. Controlled
- 3. Coordinated
- 4. Drove
- 5. Executed
- 6. Headed
- 7. Headed up
- 8. Led
- 9. Operated
- 10. Orchestrated
- 11. Org
- 12. Oversaw
- 13. Piloted
- 14. Planned
- 15. Produced
- 16. Programmed

# YOU ENVISIONED OR BROUGHT A PROJECT TO LIFE

If you actually developed, created, or introduced that project into your company:

- 17. Activated
- 18. Administered
- 19. Built
- 20. Charted
- 21. Conceived
- 22. Conceptualized
- 23. Constructed
- 24. Created
- 25. Designed
- 26. Developed
- 27. Devised
- 28. Diversified
- 29. Drafted
- 30. Drew
- 31. Fabricated

- 32. Fashioned
- 33. Founded
- 34. Enacted
- 35. Engineered
- 36. Established
- 37. Formalized
- 38. Formed
- 39. Formulated
- 40. Imagined
- 41. Implemented
- 42. Incorporated
- 43. Initiated
- 44. Instituted
- 45. Introduced
- 46. Invented
- 47. Launched
- 48. Manufactured
- 49. Marketed
- 50. Modeled
- 51. Named
- 52. Originated
- 53. Perfected
- 54. Pioneered
- 55. Projected
- 56. Proposed
- 57. Set
- 58. Spearheaded
- 59. Structured

#### YOU SAVED THE COMPANY TIME OR MONEY

Hiring managers love candidates who've helped a team operate more efficiently or costeffectively::

- 60. Appraised
- 61. Budgeted
- 62. Conserved
- 63. Consolidated
- 64. Corrected
- 65. Decreased

- 66. Deducted
- 67. Diagnosed
- 68. Financed
- 69. Lessened
- 70. Organized
- 71. Reconciled
- 72. Reduced
- 73. Saved
- 74. Validated
- 75. Yielded

# YOU INCREASED

EFFICIENCY, SALES,

# REVENUE, OR

#### **CUSTOMER**

#### **SATISFACTION**

If you can show that your work boosted the company's numbers in some way:

- 76. Accelerated
- 77. Achieved
- 78. Advanced
- 79. Amplified
- 80. Automated
- 81. Boosted
- 82. Capitalized
- 83. Contributed
- 84. Cut
- 85. Delivered
- 86. Detected
- 87. Distinguished
- 88. Doubled
- 89. Eliminated
- 90. Enhanced
- 91. Expanded
- 92. Expedited
- 93. Fixed
- 94. Furthered
- 95. Gained
- 96. Generated
- 97. Improved
- 98. Inventoried

- 99. Lifted
- 100. Maximized
- 101. Monitored
- 102. Obtained
- 103. Outpaced
- 104. Predicted
- 105. Prioritized
- 106. Procured
- 107. Risked
- 108. Satisfied
- 109. Sorted
- 110. Stimulated
- 111. Sustained
- 112. Systemized
- 113. Tabulated

# YOU CHANGED OR

# <u>IMPROVED</u>

**SOMETHING** 

If you made positive changes at your office:

- 114. Adapted
- 115. Adopted
- 116. Altered
- 117. Ascertain
- 118. Cataloged
- 119. Centralized
- 120. Clarified
- 121. Converted
- 122. Customized
- 123. Experimented124. Finalized
- 125. Illustrated
- 126. Improvised
- 127. Influenced
- 128. Innovated
- 129. Installed
- 130. Instigated
- 131. Integrated
- 132. Manipulated
- 133. Merged
- 134. Modified

35.	Oriented	178.	Enc
36.	Overcame	179.	Fac
37.	Overhauled	180.	Fos
38.	Pinpointed	181.	Gov
39.	Progressed	182.	Gui
40.	Realigned	183.	Har
41.	Realized	184.	Hire
42.	Recognized	185.	Incr
43.	Redesigned	186.	Insp
44.	Refined	187.	Inst
45.	Refocused	188.	Inte
46.	Rehabilitated	189.	Mai
47.	Remodeled	190.	Ме
48.	Reorganized	191.	Me
49.	Repaired	192.	Мо
50.	Replaced	193.	Мо
51.	Restored	194.	Мо
52.	Restructured	195.	Prai
53.	Revamped	196.	Pre
54.	Revised	197.	Rec
55.	Revitalized	198.	Reg
56.	Simplified	199.	Sch
57.	Solved	200.	Sha
58.	Standardized	201.	Sup
59.	Streamlined	202.	Tau
60.	Strengthened	203.	Trai
61.	Suggested	204.	Uni
	Updated	205.	Uni
63.	Upgraded	\ <b>(</b> 011	220
64.	Transformed	YOU	
65.	Trimmed	PART	
66.	Troubleshoot	FUNI	
· · ·	MANIACED A	RESC If you	
<u> </u>	MANAGED A	for" a	

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# <u>Y</u>( **TEAM**

If you were an inspirational leader:

167. Addressed 168. Aligned 169. Approved 170. Collaborated 171. Commanded 172. Confronted 173. Counseled 174. Cultivated 175. Directed 176. Distributed

177. Enabled

couraged cilitated stered verned ided ndled ed reased pired tructed erviewed naged diated ntored bilized derated tivated ised sided cruited gulated neduled aped pervised ught ined ified ited

# **DUGHT IN** RS, G, OR CES

e "responsible for" a great new partner, sponsor, or source of funding:

206. Acquired 207. Appointed 208. Consulted 209. Contracted 210. Correlated 211. Enlisted 212. Forged 213. Navigated 214. Negotiated

215. Partnered 216. Purchased 217. Received

218. Referred 219. Secured 220. Sold 221. Solidified 222. Supplied

#### YOU SUPPORTED **CUSTOMERS**

If you were manning the phones or answering questions, it means you were advising customers and meeting their needs:

223. Advised 224. Advocated 225. Arbitrated 226. Assisted 227. Coached 228. Consulted 229. Educated 230. Fielded 231. Helped 232. Informed 233. Lectured 234. Listened 235. Provided

236. Resolved 237. Served 238. Serviced 239. Supported 240. Talked

# 241. Tutored

### YOU WERE A **RESEARCH MACHINE**

If your job included research, analysis, or fact-finding:

242. Analyzed 243. Ascertained 244. Assembled 245. Assessed 246. Audited 247. Calculated 248. Compiled 249. Conducted

250. Discovered 251. Evaluated

252. Examined

253. Explored 254. Forecasted 255. Found 256. Gathered 257. Hypothesized 258. Identified 259. Interpreted 260. Investigated 261. Learned 262. Mapped 263. Measured 264. Published 265. Qualified 266. Quantified 267. Recorded 268. Researched

#### YOU WROTE OR COMMUNICATED

269. Surveyed

270. Tested

271. Tracked

If you were writing, speaking, lobbying, or otherwise communicating:

272. Authored 273. Briefed 274. Campaigned 275. Co-authored 276. Composed 277. Conveyed 278. Convinced

279. Corresponded 280. Counseled

281. Critiqued 282. Defined

283. Documented 284. Edited

285. Illustrated 286. Lobbied

287. Persuaded 288. Promoted

289. Proofread 290. Publicized

291. Responded 292. Reviewed

293. Sketched 294. Spoke

295.	Studied
296.	Summarized
297.	Synthesized
298.	Transcribed
299.	Translated
300.	Typed
301.	Verbalized
302.	Wrote

#### YOU OVERSAW OR **REGULATED**

Whether you enforced protocol or managed your department's requests:

303. Authorized 304. Blocked 305. Delegated 306. Dispatched 307. Enforced 308. Ensured 309. Inspected 310. Itemized 311. Licensed 312. Monitored 313. Officiated 314. Processed 315. Reinforced 316. Reported 317. Screened 318. Scrutinized 319. Selected

# YOU ACHIEVED **SOMETHING**

320. Verified

Did you hit your goals? Win a coveted department award? Don't forget to include that on your resume, with words like:

321. Attained 322. Awarded 323. Completed 324. Demonstrated 325. Earned 326. Endured 327. Exceeded 328. Exhibited 329. Outperformed

330.	Presented
331.	Performed
332.	Ranked
333.	Rated
334.	Reached
335.	Showcased
336.	Succeeded
337.	Surpassed
338.	Targeted

#### **GENERAL VERBS:**

339. Won

These words are also helpful in elevating your job descriptions:

340. Acted 341. Applied 342. Allocated 343. Arranged 344. Assured 345. Balanced 346. Classified 347. Closed 348. Collected 349. Communicated 350. Compared 351. Computed 352. Concluded 353. Continued 354. Contained 355. Dealt 356. Decided 357. Depended 358. Detailed 359. Determined 360. Dispensed 361. Displayed

362. Disproved

363. Dissected 364. Diverted 365. Dramatized 366. Effected 367. Entertained 368. Explained 369. Expressed 370. Extracted 371. Familiarized

372. Filed

373. Followed 374. Graduated 375. Induced 376. Indoctrinated 377. Insured 378. Judged 379. Justified 380. Intensified 381. Kept 382. Located 383. Logged 384. Maintained 385. Memorized 386. Nominated 387. Normalized 388. Noted 389. Observed 390. Offered 391. Ordered 392. Painted 393. Participated 394. Perceived 395. Photographed 396. Played 397. Placed 398. Prepared 399. Prescribed 400. Printed 401. Professed 402. Protected 403. Proved 404. Questioned 405. Raised 406. Reasoned 407. Recommended 408. Related 409. Rendered 410. Represented 411. Retrieved 412. Schooled

413. Sensed 414. Separated 415. Shared 416. Showed 417. Specified 418. Symbolized 419. Transferred 420. Treated

421. Traveled 422. Used 423. Utilized 424. Weighed 425. Worked

Management Skills	Communication Skills	Research Skills	Technical Skills	Teaching Skills	Financial Skills	Creative Skills	Helping Skills	Clerical or Detail Skills	Other Verbs
administered analyzed assigned attained chaired consolidated contracted coordinated delegated developed directed evaluated executed improved increased organized oversaw planned prioritized produced recommended reviewed scheduled strengthened supervised	addressed arbitrated arranged authored collaborated convinced corresponded developed directed drafted edited enlisted formulated influenced interpreted lectured mediated moderated negotiated persuaded promoted publicized reconciled recruited spoke translated wrote	clarified collected critiqued diagnosed evaluated examined extracted identified inspected interpreted interviewed investigated organized reviewed summarized surveyed systematized	assembled built calculated computed designed devised engineered fabricated maintained operated overhauled programmed remodeled repaired solved upgraded	adapted advised clarified coached communicated coordinated demystified developed enabled encouraged evaluated explained facilitated guided informed instructed persuaded set goals stimulated trained	administered allocated analyzed appraised audited balanced budgeted calculated computed developed forecasted managed marketed planned projected researched	acted conceptualized created customized designed developed directed established fashioned founded illustrated initiated integrated introduced invented originated performed planned revitalized shaped	assessed assisted clarified coached counseled demonstrated diagnosed educated expedited facilitated familiarized guided motivated referred rehabilitated represented	approved arranged catalogued classified collected compiled dispatched executed generated implemented inspected monitored operated organized prepared processed purchased recorded retrieved screened specified systematized tabulated validated	achieved expanded improved pioneered reduced (losses) resolved (problems) restored spearheaded transformed

#### **Planning**

Example: Developed & implemented a training program that resulted in a 45% increase in employee satisfaction

Administered Developed Formulated Prepared Revised Anticipated Devised Identified Prioritized Strategize Commissioned Studied Evaluated Observed Researched Determined Forecasted Planned Reserved Tailored

#### **Organizing**

Example: Coordinated weekly office schedules for 8 employees

Acquired Cataloged Designated Logged Routed Activated Centralized Designed Mapped out Scheduled Adjusted Charted Dispatched Neatened Selected Allocated Classified Established Obtained Secured Altered Facilitated Simplified Collected Ordered Appointed Housed Sought Committed Organized Arranged Implemented Procured Straightened Confirmed Suggested Assembled Contracted Incorporated Programmed Assessed Coordinated Instituted Recruited Tracked Assigned Customized Issued Rectified Tracked Authorized Delegated Linked Retrieved

#### Executing

Example: Handled 20-35+ customer calls per shift regarding coverage changes, renewal rates and billing procedures

Acted Displayed Input Processed Sold
Administered Distributed Installed Produced Stocked
Carried out Entered Labored Proofed Transacted

Collected Exercised Merchandised Prospected Completed Forwarded Operated Proved Conducted Handled Performed Shipped

#### Supervising

Example: Developed and supervised the implementation of new computer filing system that reduced paper use by 35%

Adjusted Overhauled Screened Correlated Indexed Analyzed Developed Judged Oversaw Set Apportioned Discovered Licensed Policed Scrutinized Assessed Established Maintained Prohibited Supervised Supplied Certified Examined Measured Refined Tightened Compared **Explored** Modified Regulated Traced Controlled Graded Monitored Reviewed Updated Corrected Inspected Officiated Revised

#### Leading

Example: Trained 20+ new employees in customer service policies over a 2-year period

Accelerated Spearheaded Elected Guided Mentored Assumed **Employed** Hired Motivated Stimulated **Empowered** Originated Strengthened Caused Influenced Chaired Encouraged Initiated Pioneered Supervised Changed Enlisted Inspired Promoted Trained Conducted Envisioned Involved Raised Transformed Directed Fostered Led Recognized for Visualized

Disproved Founded Managed Set goals

# **Getting Results**

Example: Increase	d student participation	on by 25% over a 6-r	nonth period		
Accomplished	Constructed	Ensured	Hastened	Minimized	Reduced (losses)
Achieved	Contributed	Excelled	Heightened	Modernized	Rejuvenated
Added	Delivered	Expanded	Improved	Obtained	Renovated
Advanced	Demonstrated	Expedited	Increased	Opened	Restored
Attained	Diminished	Extended	Innovated	Orchestrated	Targeted
Augmented	Earned	Finalized	Integrated	Overcame	Uncovered
Boosted	Eclipsed	Fulfilled	Introduced	Prevailed	
Built	Eliminated	Gained	Invented	Produced	
Combined	Enlarged	Generated	Joined	Qualified	
Completed	Enjoyed	Grew	Launched	Realized	
Consolidated	Enlisted	Guaranteed	Lightened	Received	

# **Problem Solving**

Example: Streamlined	Lordering through	the use of computer	technology decre	easing wait time	from 6-2 days

Alleviated	Conceptualized	Detected	Found	Repaired	Solved
Analyzed	Created	Diagnosed	Investigated	Revamped	Synthesized
Brainstormed	Debugged	Engineered	Recommended	Revitalized	Theorized
Collaborated	Decided	Foresaw	Remedied	Revived	
Conceived	Deciphered	Formulated	Remodeled	Satisfied	

# Quantitative

Example: converted files from	COBAL to JAVA in order to increase of	compatibility with current systems

Accounted for	Checked	Dispensed	Grossed	Projected	Tabulated
Appraised	Compiled	Dispersed	Increased	Purchased	Totaled
Approximated	Compounded	Earned	Inventoried	Quantified	
Audited	Computed	Enumerated	Maximized	Rated	
Balanced	Conserved	Estimated	Multiplied	Reconciled	
Budgeted	Converted	Figured	Netted	Recorded	
Calculated	Counted	Financed	Profited	Reduced	

# **Communicating**

Example: Presented to groups of 30+ transfer students on a weekly basis concerning university policies and procedures								
Acted	Composed	Elicited	Justified	Rendered	Summarized			
Adapted	Consented	Explained	Lectured	Reported	Supplemented			
Admitted	Concluded	Extracted	Marketed	Represented	Supported			
Addressed	Convinced	Fabricated	Mediated	Revealed	Surveyed			
Allowed	Consulted	Fashioned	Moderated	Sanctioned	Synthesized			
Amended	Corresponded	Greeted	Negotiated	Settled	Systematized			
Arbitrated	Critiqued	Highlighted	Perceived	Shaped	Tested			
Argued	Dedicated	Illustrated	Persuaded	Smoothed	Taught			
Ascertained	Defined	Improvised	Presented	Specified	Translated			
Attested	Deliberated	Indicated	Publicized	Spoke	Transmitted			
Briefed	Demonstrated	Inferred	Queried	Sold	Verified			
Clarified	Drafted	Informed	Questioned	Solicited	Welcomed			
Cleared up	Dramatized	Instructed	Referred	Submitted Wrote				
Closed	Edited	Interpreted	Reinforced	Substantiated				
Communicated	Educated	Interviewed	Related	Suggested				

# Helping

Example: Provided academic support for 30+ at-risk primary school students through comprehensive after-school program								
Aided	Bolstered	Eased	Familiarized	Prescribed	Returned			
Accommodated	Coached	Elevated	Helped	Provided	Saved			
Advised	Continued	Enabled	Interceded	Protected	Served			
Alleviated	Cooperated	Endorsed	Mobilized	Rehabilitated	Sustained			
Assisted	Counseled	Enhanced	Modeled	Relieved	Tutored			
Assured	Dealt	Enriched	Polished	Rescued	Validated			